

The Ritz-Carlton Spa, Lake Tahoe

Enveloped by towering pines and adorned in rich wood, The Ritz-Carlton Spa, Lake Tahoe offers a place of renewal and connection amid the resort's breathtaking grounds. All spa access and use of the facilities including hot tub, steam room, sauna, cold rain-shower plunge and lap pool are exclusively for spa guests receiving treatment.

All treatments listed below are 50 minutes.

Massages

Deep Muscle Massage

Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. Uses deep movements and stretching techniques concentrating on specific areas of concern to help relieve common discomforts and sports-related tension.

Relaxation Massage

Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away tension.

Skin Care Treatments

Custom Facial

Purify, hydrate, brighten and smooth your complexion with this radiance-restoring facial that is tailored to your individual needs.